

Revised Schedule for the Rotary Relays & JH Relays – 2010

Running Events Start at 12:30

Field Events Start at 10:00 AM

V Girls 100 M Hurdles	V Girls Shot Put
JH Girls 100 M Hurdles	V Girls High Jump
JH Boys 110 M Hurdles	V Boys Discus
V Boys 110 M Hurdles	V Boys Long Jump
V Girls 3200 M Relay	V Girls Triple Jump
V Boys 3200 M Relay	V & JH Boys Pole Vault
JH Girls 100 M Dash	V Girls Discus
JH Boys 100 M Dash	V Boys Shot Put
V Girls 100 M Dash	V Boys High Jump
V Boys 100 M Dash	V Boys Triple Jump
V Girls 800 M Relay	V Girls Long Jump
V Boys 800 M Relay	V & JH Girls Pole Vault
JH Girls 1600 M Run	JH Girls Shot Put
JH Boys 1600 M Run	JH Girls High Jump
V Girls 1600 M Run	JH Boys Discus
V Boys 1600 M Run	JH Boys Long Jump
JH Girls 400 M Relay	JH Girls Discus
JH Boys 400 M Relay	JH Boys Shot Put
Girls 400 M Relay	JH Boys High Jump
Boys 400 M Relay	JH Girls Long Jump
JH Girls 400 M Run	
JH Boys 400 M Run	
Girls 400 M Run	
Boys 400 M Run	
V Girls 300 M Hurdles	
V Boys 300 M Hurdles	
JH Girls Medley Relay (100-100)	
JH Boys Medley Relay (200-400)	
V Girls Medley Relay	
V Boys Medley Relay	
JH Girls 800 M Run	
JH Boys 800 M Run	
V Girls 800 M Run	
V Boys 800 M Run	
JH Girls 200 M Dash	
JH Boys 200 M Dash	
V Girls 200 M Dash	
V Boys 200 M Dash	
V Girls 3200 M Run	
V Boys 3200 M Run	
V Girls 1600 M Relay	
V Boys 1600 M Relay	

High school participants—3 from a school with 4 attempts

JH participants—3 from a school and 3 attempts **except in the JH 1600M and the 800M run where you can have up to 5 runners**