

Bierocks (Meat pockets) by Susan Schrag

2 ½ lb Ground Beef (lean)
1 lb. Shredded cabbage
2 T. prepared yellow mustard
1 T. Dried minced onion or ¼ c. Chopped onion
1½ tsp. Salt
¼ tsp. Pepper
2" slab or 1 c. velveeta cheese

*Texas Rolls 3 lb. Bag of 24 count frozen dough balls.

Brown meat and drain if necessary. Add the rest of the ingredients and cook for 5-10 minutes until everything is mixed and cabbage is slightly cooked (or limp).

Use ¼ c. meat mixture per dough ball. We use an ice cream scoop.

Roll out into 6-7" x 4-5" oval. Bring opposite sides up and pinch. Bake with the seam side down on the pan. Don't let them rise, however, it is ok to let them wait as you bake half a batch at a time.

Bake at 350° for 20-25 minutes.